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## VIROGUARD

**V**iroguard may assist the body's natural resistance to viruses and bacterial infections and does so without the consequences of antibiotics abuse. It is a recommended remedy for anyone who suffers from a viral infection.

New Zealand Herbals Viroguard formula is made from completely organic and pesticide-free ingredients, ensuring you get the finest quality remedy in the strongest possible strength. Herbs contained within this remedy include:

- **Echinacea Root:** Echinacea is an immuno-stimulant shown in clinical tests to enhance resistance to both viral and bacterial infections. It is well-suited to the treatment of all chronic immune disorders and auto-immune diseases, but its best benefits are seen over long term consumption. Traditionally, it was used by the American Indians to treat skin diseases and blood purification.
- **Hypericum:** A gentle sedative which has a calming and restorative effect on the nervous system. It is specifically beneficial for those with neurotic depression, anxiety, tension, or irritability. It is thought to help the release of neuro-transmitters in the central nervous system. However, it is contained within this remedy due to its antiviral properties, including a potent activity against retroviruses and enveloped viruses (much of this was found after recent scientific research). It may be useful for the treatment of viruses such as hepatitis B (but unfortunately not the A strain of this disease), as well as encephalitis, yellow fever, dengue fever, and German measles.
- **Codonopsis:** A traditional Chinese herb which is similar to panax ginseng, but with none of the difficulties for children's consumption. Codonopsis helps to increase the red blood cell count and improves conditions of anaemia, hypoglycaemia, debility, and adrenal exhaustion.
- **Phyllanthus:** A traditional remedy of India. It has been used to treat jaundice. It has also shown liver-protecting effects and an antiviral property (particularly towards the hepatitis B virus).

**Typical Dose:** Five to fifteen drops, three times daily (usage must be long term).