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## THYROGENE

**T**hyroid conditions are extremely common, often being passed down from one generation to the next. Incorrect thyroid functioning can result in a poor metabolic rate, lack of immunity, poor mineral absorption, and can lead to mental health and weight issues.

Symptoms of improper thyroid functioning can include any one of the following:

- Continuous tiredness.
- Underweight or overweight body types with no clear explanation for their size.
- Cold hands and feet.
- Difficulties with menstruation.
- A number of mental symptoms including nervousness, stress, mood swings, and depression.

Thyrogene feeds the thyroid rather than stimulating it. It is a non-toxic, non-hormonal preparation designed to go alongside a healthy diet to supply optimum thyroid function. This remedy can also be used where there is a perceived need for additional iodine or if one is suffering from a hypothyroid condition.

New Zealand Herbals Thyrogene formula is made from completely organic and pesticide-free ingredients, ensuring you get the finest quality remedy in the strongest possible strength. Herbs contained within this remedy include:

- **Iodine:** Iodine is an essential trace mineral necessary for the thyroid gland to function properly. It is required only in small amounts as a component of the thyroxin hormone produced by the thyroid gland. Most of the iodine contained within the body is held in the thyroid gland. Some of the main functions of iodine within the human body include:
  - ♥ Aids in all nutritive processes and energy production (thereby increasing fat metabolism).
  - ♥ Balances the glandular system.
  - ♥ Has a factor in the colour and texture of hair.
  - ♥ Stimulates the circulatory system.

The importance of iodine cannot be understated since it has a profound effect on all tissues and glands of the body – iodine deficiency is a growing epidemic within New Zealand and unfortunately most people who suffer from this deficiency will not be aware of it.

- **Colloidal Minerals:** Our body tissues are mildly saline and it has been postulated that this internal environment is similar to that of the sea where we supposedly evolved. New Zealand Herbals colloidal minerals are taken from an ancient seabed and contain uncontaminated fossil sea water which is rich in all known minerals and trace elements.
- **Zinc:** Zinc is another essential mineral needed for the thyroid gland to function properly. It helps the body to break down alcohol, aids vitamin B1 and carbohydrate assimilation, heals wounds and burns, maintains healthy body tissues, encourages normal prostate function, and aids with reproductive organ growth and development. It also helps to promote growth, mental alertness; restores a sense of taste, helps in the treatment of infertility, and eliminates white spots on the fingernails.

**PRECAUTIONS:** Do not use this product if you are presently taking a prescription thyroid medication (such as Thyroxine) unless you have consulted your general practice doctor.

**Typical Dose:** Five to ten drops twice daily. You may wish to take the remedy with water or fruit juice.