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SINEASE

Sinease is a natural collection of herbs that combine together to create an excellent remedy for conditions of the upper respiratory system. It is particularly beneficial for those who suffer from sinus infections, hayfever, catarrh, constant sneezing, and catarrhal conditions of the eustacian tubes and middle ear.

New Zealand Herbals Sinease formula is made from completely organic and pesticide-free ingredients, ensuring you get the finest quality remedy in the strongest possible strength. Herbs contained within this remedy include:

- **Cayenne:** Cayenne can help to stimulate blood flow and strengthen the heart, arteries, capillaries, and nerves. It is also beneficial for the digestive system. Its benefits to the circulation system can help those who suffer from cold extremities. It may even assist the body to fight off colds and infections.
- **Echinacea Root:** Echinacea is an immuno-stimulant shown in clinical tests to enhance resistance to both viral and bacterial infections. It is well-suited to the treatment of all chronic immune disorders and auto-immune diseases, but its best benefits are seen over long term consumption. Traditionally, it was used by the American Indians to treat skin diseases and blood purification.
- **Eyebright:** An effective antiseptic and anti-inflammatory which cools and detoxifies. It also contains anti-catarrhal properties. The herb acts within the formula as a vaso-constrictor to the nasal mucous membranes and conjunctiva. It has been shown to be effective in catarrhal conditions of the ear, eye, nose, and throat. It contains vitamins A, C, D, E, and B-complex, as well as the minerals iron, silicon, copper, and zinc.
- **Golden Rod:** Golden rod is an anti-inflammatory, anti-catarrhal and antiseptic to the mucous membranes. It is especially useful in the treatment of chronic naso-pharyngeal catarrh.
- **Golden Seal:** Golden seal was one of the favourite herbs of the Cherokee Indians and is well-known for its natural antibiotic and detoxifying properties. It has an anti-catarrhal and antiseptic action on all mucous surfaces including the nasal passages, bronchial tubes, and throat. The herb also contains powerful alkaloids and the vitamins A, C, E, F, and B-complex as well as the minerals calcium, copper, potassium, phosphorus, magnesium, iron, zinc, and sodium.

PRECAUTIONS: If you are pregnant, you should consult your general practice doctor or naturopath before using this remedy (and use only small doses within the first three months if you have been given clearance to use the product). Children may find the cayenne within this formula too overpowering.

Typical Dose: 5mls three times daily.