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RENO

Reno contains a number of herbs that have traditionally been used to treat problems of the kidneys and bladder. Reno may assist with urinary tract infections, enlargement of the prostate, cystitis, kidney-related back problems, bed-wetting, kidney fatigue, allergies, and burning urine.

New Zealand Herbals Reno formula is made from completely organic and pesticide-free ingredients, ensuring you get the finest quality remedy in the strongest possible strength. Herbs contained within this remedy include:

- **Buchu:** This herb has a healing effect on all complaints of the genito-urinary tract. It has disinfecting properties and removes excess uric acid which in turn reduces bladder irritations, scalding urine, and aids in the relief of urinary tract infections. It has also been used to treat prostatitis.
- **Couch Grass:** Couch grass is well known by herbalists for its beneficial effects on the urinary system. It is especially useful in the treatment of cystitis and catarrhal diseases of the bladder. It contains antibiotic properties as well as a number of minerals and vitamins (such as silicon, potassium, sodium, magnesium, calcium, and vitamins A, C, and B-complex).
- **Echinacea Root:** Echinacea is an immuno-stimulant shown in clinical tests to enhance resistance to both viral and bacterial infections. It is well suited to the treatment of all chronic immune disorders and auto-immune diseases, but its best benefits are seen over long term consumption. Traditionally, it was used by the American Indians to treat skin diseases and blood purification.
- **Liquorice Root:** Liquorice is a natural anti-inflammatory which aids in the relief of muscle spasms and inflammation. It has a healing effect on all the body's mucous surfaces. It helps to liquefy and expel toxic mucous from the body. It is also a mild laxative which soothes and tones the mucous membranes. It also aids the removal of excess toxins found within the bowels. The herb can also promote stamina and normal adrenal function.

PRECAUTIONS: Kidney problems can be very serious. Always seek the advice and guidance of your general practice doctor or naturopath if your symptoms are not alleviated.

Typical Dose: Ten to twenty drops three times daily.