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Para

It is estimated that over two thirds of New Zealand's population is infected with one or more forms of parasitic infection. Parasites show no socioeconomic boundaries and may be found as commonly in a city dweller as in a farm hand. Parasites rob our bodies of essential nutrients, vitamins and amino acids. They can cause all kinds of symptoms, or no symptoms at all. This makes them difficult to diagnose and often the symptoms that are associated with an infection are attributed to other conditions.

Once the body has become infected with a parasitic infestation, a number of things can happen. They can poison us with their toxins (this can result in a subsequent bacterial infection resulting in more illness), make us deficient in nutrients, they can block our organs (due to their overwhelming numbers and their tendency to clump into a ball), and can even physically damage our intestines, lungs and liver!

Ridding the body of these nasties is paramount if true healing and health is to occur. New Zealand Herbals Para is a natural formula that gently kills these parasites throughout their life cycle. However, it is important to note that most parasites have a life cycle of six weeks, therefore it is very important that Para is consistently taken during this period (in fact, the product should be consumed for at least two months).

- **Black Walnut:** Black walnut oxygenates the blood which in turn kills parasites. Containing natural organic iodine, the kernel and the green husks have been used to expel various kinds of worms by the Asian and American Indian cultures for hundreds of years. External applications have been known to kill ringworm.
- **Wormwood:** Wormwood, as its name suggests, has long been known to rid the body of intestinal worms. It is also useful for all complaints of the digestive system (such as constipation or indigestion).
- **Prickly Ash:** Prickly ash destroys toxins in the gastrointestinal tract including worms. It has been traditionally used to treat yeast infections and Candida. Skin, digestion and abdominal problems can also benefit from the application of prickly ash. It is beneficial for the plasma, blood, muscles, as well as the digestive and circulatory systems.
- **Qing Hao:** This herb has a similar action to wormwood. Some speculate that it is in fact a more powerful anti-parasitic herb. For this reason both wormwood and qing hao are included in this formula.
- **Citrus Seed:** This extract has been shown to be effective against a number of intestinal parasites including Giardia, Candida and the stomach pathogen helicobacter pylori (which is thought to be associated with gastric and duodenal ulcers). Many naturopaths believe that abnormal bowel flora, particularly overgrowth of Candida, can lead to many other health complications.
- **Liquorice Root:** Liquorice is a natural anti-inflammatory which aids in the relief of muscle spasms and inflammation. It has a healing effect on all the body's mucous surfaces. It helps to liquefy and expel toxic mucus from the body. It is also a mild laxative which soothes and tones the mucous membranes. It also aids in the removal of excess toxins found within the bowels.

PRECAUTIONS: Do not use this product if you are pregnant. Caution is recommended if you have a hyperactive (overactive) thyroid.

Typical Dose: 5 to 10mls each evening. Twice daily in severe cases.