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CHILDREN

Children is a careful selection of herbs that have been shown in herbal medicine to be of great benefit to children. These specially-picked herbs have been shown to enhance children's concentration, co-ordination, and learning.

Benefits to children who suffer from an intellectual disability (or those who have Attention Deficiency Syndrome) have been shown as well as an overall improvement in behaviour and learning in most children.

The benefits of the Children formula is not only limited to children. Older persons who have suffered from a stroke, convalescence, Alzheimer's disease or dementia have also shown progress through the use of this remedy.

New Zealand Herbals Children formula is made from completely organic and pesticide-free ingredients, ensuring you get the finest quality remedy in the strongest possible strength. Herbs contained within this remedy include:

- **Bacopa:** A traditional Ayurvedic herb, often used as a brain tonic to improve memory and learning. However, other benefits include its use in the treatment of epilepsy, insanity, nervous breakdown, and exhaustion.
- **Rosemary Oil:** Rosemary stimulates the circulatory, digestive, and nervous systems. In particular, it has been found that rosemary has a strong effect on the brain, clearing thought and memory (partly due to its positive effect on the blood supply to the brain).
Not only does rosemary have a beneficial effect on a number of the body's systems, it is also a good source of vitamins A and C. It also contains large amounts of calcium, iron, magnesium, phosphorus, potassium, sodium, and zinc.
- **Schisandra:** Traditionally used in Chinese medicine to strengthen the lungs, kidneys, and adrenal glands. It is also said to calm the spirit and is used accordingly in the natural treatment of insomnia, palpitations, and forgetfulness.
The lignans found in schisandra help to improve concentration, fine co-ordination skills, and sensitivity in young children. Improvements in vision, hearing, and a reduction in fatigue have also been seen from the consumption of this herb.
Finally, this herb also appears to elevate liver microsomes which in turn increase the liver's ability to detoxify foreign substances within the body.
- **Siberian Ginseng:** This herb helps the body to adapt to changes within the environment and increases resistance to radiation and other stressors (including physical, chemical, and biological).
Studies on healthy individuals who have consumed Siberian ginseng have shown that the consumption of this herb tends to improve mental and physical performance (including stamina).

New Zealand Herbals Children formula is an excellent and safe remedy for all children. However, we also have a number of other products that may be of great benefit to your child (particularly if good nutrition has been lacking). Please contact us for further details or arrange an appointment with one of our practitioners for a full diagnosis of any ailments which may be troubling your child.

Typical Dose: Ten to fifteen drops, two to three times a day.